

## 2021 TUCKSHOP MENU

Open 1st & 2nd Breaks, Tuesday to Friday



Operating Hours: 8am - 2.30pm Phone: 3872 1835 Email: tuckshop@prss.com.au

Order by 9am through www.flexischools.com.au

Salads		
Small garden salad		\$4.00
(lettuce, tomato, cucumber, carrot)		
Cheese	add	\$0.50
Protein (ham, chicken, egg, tuna)	add	\$2.00
Warm protein (honey soy chicken, or		
sweet chili chicken tender)	add	\$2.50
Salad dressing	add	\$0.50

Sandwiches & Toasties	
Vegemite / cheese / jam / honey	\$2.00
Vegemite & cheese	\$2.30
Tomato & cheese	\$2.30
Ham or Chicken	\$3.00
Ham or Chicken with cheese	\$3.50
Ham or Chicken with tomato	
Ham or Chicken with cheese & tomato	
Chicken or egg or tuna with mayo &	
lettuce	
Salad*	\$4.00
Ham or chicken or egg or tuna with	
salad*	,
*salad consists of lettuce, tomato, cucumber,	
carrot	
Cheese add	, 40.00
Toasted add	, 40.00
Rolls & wraps add GF bread add	. 40.00
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Hot Food	
Snack Beef Pie	\$2.50
Sausage Roll	\$4.00
PocketRocket	\$4.00
Scrolls (Fri only)	\$3.00
Vegemite & cheese, ham & cheese, pizza	
GF Chicken Nuggets (Tues, Wed & Thurs)	\$3.50
Hash Browns (Thurs & Fri only)	\$1.50
Cheeseburger (Thurs & Fri only)	\$5.00
Vegeburger with cheese (Thurs & Fri	\$5.00
only)	
Sauce (Tomato or BBQ)	\$0.50

Snacks	
Boiled egg	\$1.00
Popcorn	\$1.00
Jumpys (chicken or original)	\$1.50
Cheese & crackers (GF available)	\$1.50
Squeezy yoghurt	\$1.50
Gingerbread Student	\$2.50
Fruit of the day (apple, banana,	\$1.50
orange)	
Slinky apple	\$1.80
Veggie Medley (add dip 50c)	\$2.50
Berry yoghurt crunch	\$3.00
Fresh Fruit Salad	\$3.50
Watermelon Fingers	\$3.50

Daily Specials  Available only on day specified		
Wednesday	Homemade Nachos (vegetarian option available) HM bolognese mince, tortilla chips, grated cheese, sour cream & salsa (optional)	\$5.50
Thursday	Homemade Pizza (gluten free option available) Ham & Cheese or Ham & Pineapple or BBQ Chicken or Cheesy Garlic or Vegan Cheese	\$5.00
Friday  Optional Extras	Hot Dog Value Meal 0z dog hot dog (salt and fat reduced) on a fresh long bun with choice of sauce. Add cheese for 50c. Comes with a packet of Jumpys & a Popper Juice. Snacks	\$7.00
Add a piece (	of fruit, packet of Jumpys or Popcorn or a Squeezy Yoghurt <b>Drinks</b> Add a Popper Juice or Flavoured Milk	\$1.00 each \$1.90 each

Drinks	
Water	\$1.50
Popper juice	\$2.00
Slushy	\$2.50
Flavoured milk	\$2.50
Milk shakes	\$3.00

Tucky Treats
A selection of homemade cakes,
slices and muffins (sweet and
savoury).
Prices from \$1.80 - \$3.50

Snack Packs	
Snack pack I	\$3.50
Slinky apple	
Chocolate cake slice	
Snack pack 2	\$3.50
Surprise me squeezy	
yoghurt	
Gingerbread student	
Snack pack 3	\$4.00
Marvellous Muffin	
Flavoured milk	

## Frozen Treats

Assorted variety of frozen treats available to pre-order or purchase over the counter. Prices range from \$0.50 - \$2.50

Our Tuckshop is owned by the Pats Road community & operated by the P&C Association. All profits made in our Tuckshop are reinvested into our school. Thank you for supporting our school!